



# West Irondequoit Central School District

321 LIST AVENUE  
ROCHESTER, NEW YORK 14617  
Telephone: (585) 342-5500  
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[www.westirondequoit.org](http://www.westirondequoit.org)

As part of a required school health examination, a student is weighed, and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey, we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, contact Nursing Coordinator Lona Cornell by January 2<sup>nd</sup> each year to opt out of the child's weight status group data. **You must print/sign your name below for each child/student and return this form to:**

Lona Cornell, Nursing Coordinator  
210 Colebrook Drive  
Rochester, NY 14617  
Phone: 336 – 1600; Fax: 336 – 0866

Please do not include my child's weight status information in the **2022-2023** School Survey.

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Print Child's Name

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Date

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Print Parent's Name

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Parent's Signature